

Robin Goldstein-Lincoln LLC, L.P.C., R.P.T.

1200 28th Street, #301

Boulder, CO 80303

303-223-0727

## **Coaching Agreement**

### **Coaching is Not Psychotherapy**

Although I am trained in psychotherapy and I am licensed in Colorado as a mental health provider, I do not engage in the practice of psychotherapy with my coaching clients. For example, in coaching I will not assess for, nor diagnose and treat mental health disorders.

Rather, in coaching, we will determine your goals and the strategies you can use to meet your goals. If issues arise that are best dealt with in a therapeutic context I will refer you to a licensed psychotherapist.

### **Coaching Guidelines**

I coach my clients by asking questions, listening to you, reflecting back what you tell me, identifying your resources, clarifying your values and vision, and creating strategies to help you overcome your challenges. Because of the complexity of human behavior I cannot guarantee the outcome of the coaching. However, I find that from coaching most people report significant progress in meeting their goals.

### **Contact and Emergencies**

In case of an emergency requiring immediate assistance, Client agrees to call 911 and/or go to the nearest emergency room. For non-emergency contact with Coach between sessions, Client agrees to leave a message on the office voicemail (303-223-0727). Coach will strive to return calls within 24 hours.

### **Confidentiality**

Coach agrees to keep all Client information confidential, except as required by law as follows:

- Client signs document giving permission to release information to a specific individual or agency.
- Client reports suspected incident of abuse or neglect involving a child, elder or vulnerable adult, or Coach suspects some type of abuse/neglect.
- Client reports a threat of imminent physical harm to self or others.
- Parent/Legal Guardian of Client under the age of about 12 (dependent on maturity levels) may inquire about matters discussed with the minor. Coach will answer such questions without maintaining child confidentiality.

- Client between the ages of about 15 (dependent on maturity levels) and 18 have limited legal rights. Details of their coaching will be kept confidential, although Parent/ Legal Guardian have the right to general information about the course of treatment.
- Coach may consult with other coaches and/or consultants. Client identity and information is kept confidential by these individuals.
- There may be further exceptions to confidentiality in Colorado and Federal law. If feasible Coach will identify these exceptions to Client should any applicable situation arise during coaching.

**Ending Coaching**

Client has the right to terminate coaching at any time.

Coach has the right to terminate coaching in the following circumstances:

- Client fails to pay.
- Client cancellations or failure to keep appointments are excessive.
- Client is verbally or physically violent, threatens or harasses the coach.
- Coach is unable to help the client with client's particular case due to coach's own skills and training.

**Fees and Payments**

My fee is \$150 for 50 minutes. My fee for phone consultations, paperwork requests, etc will be billed at \$3/minute. You can pay by cash, check or credit card. 24 hours notice is required for the cancellation of a scheduled appointment or you will be charged the full fee for the missed session.

This includes coaching of any length of time in person or on the telephone. Coach reserves email for scheduling purposes only.

The undersigned understands and agrees to all of the statements contained in this document and consents to participate in coaching services provided by Robin Goldstein-Lincoln, LLC.

Client's or Responsible Party's signature	Date

Client's or Responsible Party's signature	Date

Coach's signature	Date